Be a friend of Mental Health America of Southwestern PA (MHA-SWPA)

Support recovery through our Bell of Hope Campaign

We are here to help there is hope.



Our mission is: to strengthen resilience and recovery in our communities with mental health and substance use education, prevention, advocacy and supportive services.





"We live in a world in which we need to share responsibility. It's easy to say "It's not my child, not my community, not my world, not my problem."
Then there are those who see the need and respond. I consider those people my heroes."

—Fred Rogers

Mental Health America of Southwestern PA

409 Coulter Avenue - Suite 4 Greensburg PA 15601 Phone: 724-834-6351

Fax: 724-834-6352 Website: mhaswpa.org



You are invited to join our

Bell of Hope Campaign



No health without mental health.



Be a Friend of Mental Health America of Southwestern PA Support Recovery through the Bell of Hope Campaign

Our mission: to strengthen resilience and recovery in our communities with mental health and substance use education, prevention, advocacy and supportive services.

The bell image in our logo is a graphic representation of the Mental Health America Bell. The Bell was forged in 1953 as a sign of hope, from the iron chains and shackles that bound people in mental asylums. It serves as an powerful reminder of the past and the progress made. The inscription on the MHA Bell reads: "Cast from the shackles which bound them, this bell shall ring out hope for the mentally ill and victory over mental illness."

Bell of Hope Annual Pledge Form

ddress		City	State	Zip
hone		Email		
	☐ Gold Gifts	Gifts of \$2,500 and more of \$500 to \$2,499 If of Hope Donors will have access	to VIP events.	
		s of \$150 to \$499 fts of \$25 to \$149		
•	- (checks and PayPal):			
☐—Enclosed is a ☐—For credit card		rd my total pledge of \$ to bsite at <u>www.mhaswpa.org</u> and select th		

Please make your check payable to MHA-SWPA and mail to—409 Coulter Avenue, Suite 4, Greensburg PA 15601

MHA of Southwestern PA is designated as a 501(c)(3) organization by the Internal Revenue Service. All contributions to MHA-SWPA are tax deductible to the fullest extent of the law and will be used for programs that do not receive government funding. The official registration and financial information of Mental Health America of Southwestern PA may be obtained from the PA Department of State by calling toll free, within PA, 1-800-732-0999. "Registration does not imply endorsement. No goods or services were received in return for this gift."

BOH-3/2020

Mental Health America of Southwestern PA (MHA-SWPA) has worked to fight the stigma associated with mental illness through outreach and educational efforts since 1964.. MHA of Southwestern PA provides educational programs that help individuals learn about mental wellness and substance use as well as explain the challenges of depression, bipolar disorder, other types of mental illness, and those impacted by addiction and suicide loss.

We continue to bring to the forefront key mental health and substance use issues to battle stigma, teach others about mental wellness, and deal better with the tragedies that our communities sometimes face.

MHA-SWPA invites you to support mental wellness and recovery by becoming part of the Bell of Hope Campaign. Together we can foster a lifestyle that advances mental wellness. There can be no health without mental health.

> Please visit our website at www.mhaswpa.org, follow us on Facebook and sign-up for our e-mails.



We are a phone call or a click away.